

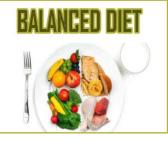
## **ANIMAL NUTRITION**

The food has been made.

WE NOW NEED TO PROCESS IT.

Only THEN can we get at its energy.

## **BACKGROUND INFORMATION**



- A balanced diet has the <u>right proportions</u> for you:
  CarboHydrate sugars and starches. Fibre roughage (on page 51). Proteins. Vitamins. Minerals. Fats.
- If you eat more than you use, you put on weight.
- If you use more than you eat, you lose weight.
- 1. Incisors = front, cutting teeth for all eaters.
- 2. Canines = side, ripping teeth. (Not in HerbiVores).
- 3. **PreMolars** = refined chewing for meat-eaters.
- **4**. **Molars** = back, grinding chewing for <u>all</u> eaters.

## **CONCEPTS INVOLVED**

**Ingestion** = eating. Taking food <u>in</u>.



- **Peristalsis** = mixing and moving food, with muscles.
- **Digestion** = making food into <u>smaller</u> food.
- *Mechanical* = physically grinding the food smaller.
- Chemical = reactions that make the food smaller.
- **Absorption** = food is <u>taken in</u> *absorbed* by the blood, from your intestine.
- **Transport** = moving food to another part of the body.
- E(x)gestion = depositing faeces <u>out</u> into the toilet.